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<b>TRANSMITTAL FORM</b>  (to be used for all correspondence after initial filing)	Application Number	10/625,019	
	Filing Date	July 23, 2003	
	First Named Inventor	Paul R. GARY	
	Art Unit	3764	
	Examiner Name	Lori Baker AMERSON	
Total Number of Pages in This Submission	7	Attorney Docket Number	WOG 8339.0001

ENCLOSURES (Check all that apply)		
<input type="checkbox"/> Fee Transmittal Form	<input type="checkbox"/> Drawing(s)	<input type="checkbox"/> After Allowance Communication to TC
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SIGNATURE OF APPLICANT, ATTORNEY, OR AGENT			
Firm Name	Chernoff, Vilhauer, McClung & Stenzel, LLP		
Signature			
Printed name	William O. Geny		
Date	October 12, 2005	Reg. No.	27,444

CERTIFICATE OF TRANSMISSION/MAILING			
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Signature			
Typed or printed name	William O. Geny	Date	October 12, 2005

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**IN THE UNITED STATES PATENT AND TRADEMARK OFFICE  
PATENT APPLICATION EXAMINING OPERATIONS**

Appl. No.:	10/625,019	Confirmation No.:	8421
Applicant:	Paul R. GARY	TC/A.U.	3764
Filed:	July 23, 2003	Examiner	Lori Baker AMERSON
Title:	ABDOMINAL EXERCISE DEVICE	Docket No.	WOG 8339.0001

**AMENDMENT**

1600 ODS Tower  
601 S.W. Second Avenue  
Portland, OR 97204

October 12, 2005

Mail Stop Amendments  
Commissioner for Patents  
P.O. Box 1450  
Alexandria, VA 22313-1450

Dear Sir:

In response to the Office Action of July 26, 2005, please amend the above-identified application as follows.

**Amendments to the Claims** are reflected in the listing of claims that begins on page 2 of this paper.

**Remarks** begin on page 5 of this paper.